

What is a Biometric Screening and Why Does it Matter?

Know your numbers...know your risks...take action!

Why Have Biometric Screenings During the COVID-19 Pandemic?

A biometric screening is a series of health measurements and blood tests that can tell whether you are at risk for diseases, such as high blood pressure, heart disease, obesity, and diabetes. Having this information during the COVID-19 pandemic is especially important because people with certain underlying conditions may have a higher risk of severe COVID-19 illness.

<u>Click here for a full list</u> from the CDC of medical conditions associated with a higher risk of severe COVID-19 illness.

A biometric screening includes measurement of your height, weight, waist circumference, and blood pressure, and a blood sample to test your total cholesterol, HDL (good cholesterol), LDL (bad cholesterol), triglycerides (fats in the blood) and glucose (blood sugar). These are tests that can be done using blood samples from a finger stick; additional health markers may be measured if your blood sample is taken using a venipuncture blood draw.

Getting a Health Screening Can:

- Provide early detection of possible health issues.
- High blood pressure, high blood sugar, and cholesterol and reduce your risk of heart disease, stroke, and diabetes.
- Monitor health conditions that may lead to more serious health issues.
- Alert you to whether you have or are at risk for conditions that are associated with an increased risk of severe COVID-19 illness.
- Provide important information to help you stay healthy now and in the future.

We Offer Four Ways to Get Screened

Choose the option that works best for you!

1. Onsite

Onsite screening events are an easy and convenient way to know your numbers, know your risk, and take action. A screening takes about 15 minutes and is private and confidential. You'll receive a health report with your results, and we encourage you to share this information with your health care provider.

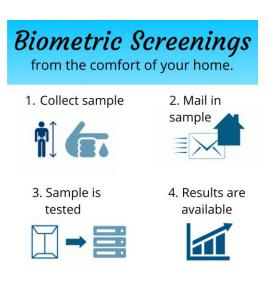
WellAdvantage monitors and follows local, state, and federal mandates, and Centers for Disease Control and Prevention (CDC) guidelines and recommendations for the safety of both participants and WellAdvantage staff.

2. Home Test Kits

WellAdvantage is now offering a Home Test Kit (HTK) as an alternative to onsite screenings.

A HTK allows employees to take part in biometric screenings from the comfort of their own homes. Each kit is essentially a complete mail-in lab test.

Upon registering for a HTK, participants will receive a kit in the mail, and then four easy steps later, the process is complete!



3. Physician Form Processing

For those who want to have their screening conducted at their doctor's office, we provide a Health Care Provider form. Participants take this form to their doctor's appointment, it is completed and returned to WellAdvantage for processing.

4. LabCorp Vouchers

For those who prefer to have a laboratory screening, we can provide a LabCorp Requisition form. Participants receive their biometric screening at a LabCorp Patient Service Center and results are submitted to WellAdvantage.

The WellAdvantage Team is ready to help keep your workforce on a healthy path, especially during these uncertain times!

Contact us for more details!